



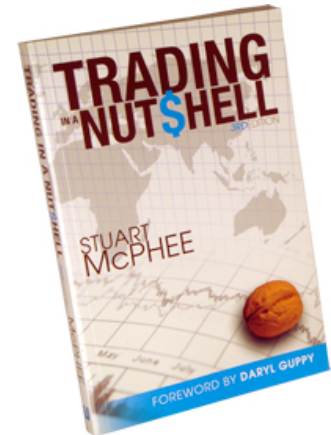
Trading In A Nutshell: Contents

Chapter 1 - An Introduction to Trading

- Trading
- Develop a Trading Plan
- Commit to It
- Put in the Required Effort

Chapter 2 - Financial Markets

- What are stock exchanges?
- Stock Exchanges around the world
- Other Markets and Products
- Stockbrokers
- Indices
- Global Industry Classification Standard (GICS)



Chapter 3 - Technical Analysis and Charts

- Fundamental Analysis
- Technical Analysis
- Open, High, Low, Close and Volume
- Charting
- Volume
- Trends
- Peaks and Troughs
- Moving Averages
- Always Consider the Trend

Chapter 4 - Chart Patterns and Indicators

- Support and Resistance
- Symmetrical Triangles
- Ascending Triangles
- Descending Triangles
- Double Tops and Bottoms
- Indicators
- Relative Strength Index
- Moving Average Convergence Divergence
- On Balance Volume
- Directional Movement
- Stochastic Oscillator
- Need More Indicators?

Chapter 5 - The Entry Decision

- The Importance of Entry
- Sector Analysis
- Using Indicators
- Confirmation
- Trade Initiation
- Confidence
- Liquidity
- Weight of Evidence
- Diversity
- Keep it Simple!
- Checklist

Chapter 6 - The Exit Decision

- Stop Losses
- How to Set a Stop Loss
- Inactivity Stop
- Trailing Exits
- Stop Losses and Trailing Exits Together

Chapter 7 - Trade Execution

- At Market / At Limit Orders
- Which One Should I Choose?

Chapter 8 - Money Management and Risk

- Importance of Money Management
- Your Primary Aim
- Risk
- Capital Preservation
- Risk Amount
- Position Sizing
- Probability
- Half the risk
- Averaging Down
- Averaging Up
- Adopt a Defensive Posture
- A Final Thought

Chapter 9 - Developing your Trading Plan

- Buy and Hold Approach
- Black Boxes
- Aim for Something
- Discover Yourself
- How Much Time do you Have?
- How Confident are You?
- Give Yourself an Edge

- Monitoring your trades and performance
- Paper Trading/Testing

Chapter 10 - Developing Your Mindset

- Attitude
- Confidence
- Patience
- Control
- Emotions
- Perspective
- Decisiveness
- Humility
- Discipline
- Get Healthy
- Trading as a Game
- Give Yourself a Break
- Ultra Comfort
- Focus

Chapter 11 - Rules of Trading

- Cut Your Losses
- Let Your Profits Run
- Follow the Trend
- Don't Overtrade
- Never React to a Tip
- Always Trade Liquid Stocks
- Keep Positions Small
- Don't Buy Something Because it Looks Cheap
- Keep it Simple

Chapter 12 - Getting Started

- Guidance for New Traders
- Discover Yourself
- Money Management
- Entry and Exit
- Your Routine
- Taxation Structure
- Information
- Computer and Software
- The Internet
- Record Keeping

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